



Guruji's Conversations with Sabina Kochhar Aunty

Jai Guruji

We are sharing with you some very enlightening messages that came out of Guruji's conversations with Sabina Aunty. We hope these precious pearls of wisdom will guide you all, and illuminate your lives with Guruji's divine blessings. These noble words convey how 'direct connection' with the Divine can be attained by simply walking on the path of righteousness, selflessness, and humility. A sincere prayer from a devotee has the virtue to bring him closer to the Divine rather than indulging in needless rituals and superstitions.

Please feel free to share with more sangat, so that everyone is benefited from these profound messages which can guide all to live a peaceful and contented life.

Our humble gratitude to Guruji forever for His love and blessings, and our heartfelt appreciation to Sabina aunty for sharing this cherished treasure.

"Pehle vi mein, hun vi mein, te baad vich vi mein, aithe koi gaddi nahin chaldi." – Guruji

"I was, I am, and I will be forever. I have no successor." He alone would be on the divine seat till eternity.

"Mere vaste mera parivar v sangat hai." – Guruji

"Sangat is my family for me."

"Main apne bhakt nu bahut pyar karna va." – Guruji

"I love my bhakts; I remove their bad time."

"Jad jutti bahar lande ho taa apni intelligence v bahar la ke aaya karo,uda aithe koi kam nahi ." –

Guruji

"When you take off your shoes outside the temple, take off your intelligence also because it is of no use here before me."

"Jeh cellphone mere nal use kitta te teri blessings unu transfer ho jaan giyan." – Guruji

"Do not use your cell phone in my presence as your share of blessings will be transferred to that person."

“Jeh zindagi da ghoda mainu diyo teh main bilkul sidha hankan ga.” – Guruji
“If you hand me the reins of your life, I will guide it straight towards your salvation.”

“Ghar da ek member v je mere kol aa jave te poori family da kalyan ho janda ve.” – Guruji
“If one member from a family comes to me, the whole family is blessed.”

“Sirf kitabi paath, paath nahin honda.” – Guruji
“Prayer reading from a book alone is not enough, your daily chores, your work, looking after your family is also prayer.”

“Sabton uccha paath, gharwala gharwali di seva kare, gharwali gharwale di seva kare, dono milke apne baccheyan nu sanwaro, apne ghar nu kalesh rahat rakho.” – Guruji
“The prayer of the highest order is when husband and wife look after each other and their children and maintain peace in the house.”

“Guruan nu contradict nahin karde.” Guruji said to me. Then he turned and told someone, ***“..chal bhai lata mangeshkar de gane laga.”*** We listened...then he said, ***“kinna sona gandi hai na Asha Bhonsle?”***...what does one say to that....I was zapped and kept mum...He repeated the question. I said yes (thinking guruan nu contradict nahin karde)

“Rab kadi nazar nahin aanda.” – Guruji
I answered, “mainu tuwade vich nazar aanda hai.” He smiled. “You can never see God. He made the world, solar system, everything.”

“Rab nu pyar karo, ude kolon daro na.” – Guruji
“Love God, do not be scared of Him.”

“Mahapursha de level honde ne. Jo lokan da marz apne utte le sakda hai o universe ich sirf ek honda hai. O Satguru honda hai. O mai haan.” – Guruji

“Har koi logon ka marz (disease) apne upar nahin le sakta, unhe hukam nahin hai, voh sirf logon ka marg darshan kara sakte hain.”

“Mahapurush (saints) have levels. The one of the highest order is a satguru, that is who I am. Only a satguru can take people's diseases on himself and cure. Others may show correct path towards salvation. What use is a human being if he cannot thank God for all that he has?”

“Kadi kisi di Rees nahi karni chahidi.” – Guruji
“Never try to keep up with the Jones syndrome ie. Don't aspire for what others have.”

“Panditan de chakran vich nahin pena chahida, una nu pooro gyan nahin Honda.” – Guruji
“Avoid going to pandits. What if a particular one puts you on the wrong track?” I answered that we did not go to pandits. He said, “I am speaking generally.”

“Loki birth stones te khushali vaste stones paa lende ne, jeh ohiyo stone puttha asar kar raha hove taa ki? Nahi paane chahide.” – Guruji

“Do not wear birth stones for prosperity. A particular stone might be having just the opposite effect on you.” I answered the four of us (husband, myself and two children) have never worn them. Guruji said He was speaking generally.

“Kadi v hath na dikhao.” – Guruji

“Never show your hand (palm) to have your future predicted.”

Guruji forbade people to do Reki and read tarot cards. He did not believe in astrology by others or in ‘Feng Shui.’

“Kadi v mala nahi japde, mala japan naal ahankar aa janda ve.” – Guruji

“Never pray on bead strings as ego surfaces in our being. Never count the times you pray.”

“Ganesh da sthan mandira vich hai.” – Guruji

“Lord Ganesha’s rightful place is in a temple, not on the floor in people’s houses or as decoration pieces and paper weights.”

“Tusi log karora rupiyan di paintings le ande ho apne ghar nu sajan layi, twanu ki pata o twanu ki negativity de rahi hai.” – Guruji

“You people buy paintings worth crores for adorning your houses, what if the negative vibrations of a particular painter comes onto you?” I answered that I did not have the capacity to buy such expensive paintings. Guruji’s answer was, “Oh ho I am speaking generally.”

“Dur baitha jo mere kol nahi pahuch sakraya, o meri photo naal gal kare ... Main sunana haa.”

– Guruji

“If someone cannot come to meet me or go to Bade Mandir, and he talks to my photo, I listen to that devotee too.”

“Discussion karan naal rab nahin milda.” – Guruji

“God is not attained by discussions.” Guruji had reprimanded once. When one does Guruji’s sangat, it is not open for discussion. Whatever transpired is between the Guru and his disciple. Nobody can or would know what another’s connection is all about.

Guruji spoke in English – ***“Only dead fish swim with the tide. Self-praise is no praise. Health is your real wealth. Keep your ego in control. Life is not easy. Prayer can sort out anything. Those who pray are blessed. Too much of everything is bad.”***

“One should be conscientious and speak up for what is right, and go on the correct path, even if the rest of the world is going in the other direction.”

“Doctor apna kam karange main apna.” – Guruji

“Doctors will do their duty, I will do mine.”

“Dwai vi taa lagdi hai jad main bless karanga.” – Guruji

“Medicine works only when I bless it.”

“Pani pitta karo. Je doctor aye dus deve te ude kol jayega kaun. Pani har marz da ilaj hai.” – Guruji

“Drink lots of water, it is a cure for all diseases.”

“Pancreas ek o organ hai jo rab ne apne haath vich rakhiya hai.” – Guruji

“Pancreas is an organ which God has kept in his hand.”

“Chhange darshan ho rahe ne, baad vich main tarian vargan nazar avanga,...sangat vaddegi.” – Guruji

“Jinni marzi jagah vada lo (regarding Bade Mandir) phir vi kum payegi, enni sangat vaddegi.” – Guruji
He often remarked that the sangat would increase, the number of people coming under his fold would increase, so no matter how big a mandir one would make, it would always overflow with the sangat members. Those were the days when Guruji’s sangat was not open to the public and He would choose to meet people at His discretion.

“Haalaat bahut maade aa rahe hain. Jo paath karega o bach jayega.” – Guruji
“Times to come are very bad and harsh. Those who pray will be saved.”

“Aais mandir vich 12 teerth sthano ka dhaam hai .” – Guruji
The “Guruji ka Ashram” or Bade Mandir as it is fondly called, has the power of twelve pious places put together as stated by Guruji. “Whoever comes here,” he said, “will receive my blessings.”

“Mandir de andar sona nahin hai...kalyan adhoora reh jata hai.” – Guruji
“Never sleep inside the temple when prayer service is on. Your blessings otherwise remain incomplete.”

“Guruan nu kadi chitthi nahi likhidi, Khush raha kar ” ... “Jo hoga acchha hoga.” – Guruji
“Never write letters to a Guru”... “Stay happy”... “Whatever life brings your way will be good.” “Let by gones be bygones...”

“Haad (bone) maas (muscle) ka saamne baaita haa, loka ne insaan samajh litti... Loka nu baad vich samajh aaigi ki main ki haa” ... “Main bahut taap (penance) kitta hai, patteyan teh nirvah kitta hai. Bambai di saraka te bheek mangi hai. Tenu paata hai kinna mushkil honda hai?” – Guruji
“People think of me as being human because they see me in bone and muscle. They will realize one day. I have done penance (*tapp*) of the highest order, roamed around streets of Bombay to beg. How difficult that is!” A Guru's stature is so great that He can be in many places at the same time.

“Twanu main insan nazar aanda wa. Jithe main khada haa, mainu tusi log cheenti varge nazar aande ho.” – Guruji
“This is the human form that you see. From where I see, you all seem like tiny ants.”

“Mauf karan hi te main ayaanwa.” – Guruji
“I have come to forgive.”

“Mere vich suraj nu control karan di shakti hai...Suraj hun budha ho chala hai...Mee vadde ga. Loki ped katde ne.” – Guruji
“I have the shakti (strength) to control the sun. The sun is getting old now. The water level will rise. People should not cut the trees.”

“Mere kol aan da rasta bahut pathreela hai. Main nimbu vakan nitchodanga...jeh zara v ras reh gaya phir ki fayeda?” – Guruji
“The road to come to me is not easy, I will squeeze you like a lemon, test you out in every possible ways; if your surrender is not complete, then what is the use?”

“Jeh koi meri taraf ik kadam vi badanda hai toh main oddi taraf sau kadam chalkar aanda haa.” – Guruji
“Whoever takes a step towards me, I take 100 steps towards that person.”

“Langar te chai parshad vich meri blessings ne. Langar twadi dawai hai. Aithe poora khatam karna chahida hai. Ainu varat vale dina vich vkha sakde ho. Ainu parshad di tarah dekho, padarth (ingredients) nahi. Jad tusi aithe langar khande ho twade ghar de member, jo nahiaaye, bacche, ma pyo, o v bless ho jande ne.” – Guruji

“The langar and chai prasad is the medicine and cure for all your problems. It is to be viewed as prasad even when you are fasting, no matter what it is made up of. When a family member eats here, family members at home or hospital are blessed.”

“Langar da parshad aithe khao ta dawai bahar le ke jao ta mithai.” – Guruji

“The langar and chai prasad have my blessings and must be completely consumed inside the mandir.”

“Langar prasad nu dobara garam nahi karde.” – Guruji

“Never reheat the langar.”

“Mere blessings dain de bade tarike ne, ek sangat karna hai. Jo bolda ve uda v bhala , jo sunda ve uda v bhala... Woh kya dete hai zaroorinahi hame pata ho. Kinne kalyan main gupt karna va.” – Guruji

“I have many ways of blessing people. Many a time I do not disclose how I do it. When you sing your Guru's praise by narrating all that He has blessed you with, I not only bless you but the listener as well. “Sometimes I bless by keeping you away. I bless in multi-faceted ways.”

“Eho jiha guru milega kidre? Main koi pravachan nahin karda, practical kar ke vikhana haa.” – Guruji

“I am a guru who doesn't believe in pravachans but in doing kalyans practically.”

“Sabton positive, sabton wadiya rang haigain ne laal, cream aur kaala. Pher ande ne jogiya, santra, gulabi, peela, hara, jaamni, safed. ‘Goorh’ neela guruan da rang nahi hunda, o nahin varatna chahida, negativity hor confusion kaarda hai paan wale nu. Ferozi, aasmaani, navy blue change hain.” – Guruji

“The Best colors that generate positivity and prosperity are Red, Cream and Black, then come shades of oranges, pinks, yellows, greens, purple and white. ‘Goorh’ neela, a particular shade of electric blue, is not a Guru's color. It emits negativity and confusion to the human wearing it. Turquoise blue, sky blue and navy blue were all right and do not come under that category. I asked Him whether He said this for my family. The answer was, ***“Jo sunnle uska bhala”***... “For whoever hears it.”

Guruji also said not to give discarded ‘goorh’ neela colored clothes to anyone, but to destroy them or throw them away so that even a poor person may not get harmed in case they find it to use or wear. He strongly urged that even curtains, upholstery, and towels of that color should be discarded.

“Ankh, naak, kaan sab aage hain, peeche nahin, aida rab nu shukrana karna chahida ve.” – Guruji

“Thank God for eyes, ears, nose, mouth and your face in front and not at the back.”

“Insaan kis kum da? Janwar mar ke bhi kam ande ne, chamde de bag, joote, belt, khan de v kam aande ne, lekin insaan te mar ke kisi kamda nahin. Jeende ji sirf paath kar sakda ve.” – Guruji

“Animals come in handy even after death. Leather bags, shoes, belts, meat to eat but a human is useless after death. The only useful thing he can do is pray.”

“Guru ke vachan yaad karna is sangat karna in his words.” – Guruji

“Doing sangat ie. narrating your personal blessings is the thanksgiving one must do. Guruji often used to say, “Narrate all the kalyans I have done for you.”

“Om Namah Shivaya, Shivji Sadaa Sahaay” is the beej mantra given by Guruji, and He explained that ‘Shiv’ refers to the creator Himself. Guruji called Himself Shiv.

“Jeh main ek vi banda rab passe pa dita, mera kam ho gaya.” – Guruji
“If I put even one person on God's path, my work is done.”

“Je karam changge ne, sab kuch lavo, koi manai nahi hai.” – Guruji
“If one does good deeds, one is free to indulge in materialism too.”

“Kadi v mannata nahi mangte.” – Guruji
“Never barter with Guruji for blessings that if you do this, I will sacrifice that....frankly, we have NOTHING to offer, even when anyone does seva they help themselves not a favour to Guruji.”

Junior paathe (who reads Granth Sahibji) told him nothing went right in his life, finances low, money lost. Guruji answered, **“Jad lokan da path parda hai, kinne safe palat janda hai?”** The paathe was skipping reading pages on people's behalf. Guruji turned towards us, **“Aape paath kitta karo.”** Pray yourself and do not depend on others to do it for you.

“Loki puttara mangde ne, je mentally retarded paida ho jave taa?” – Guruji
“People ask for sons, what if he is born mentally retarded?”

“Je kisi gareeb nu khana dena v, te party ton pehlan ude vaste kad ke rakho, baad vich left overs nahin.” – Guruji
“If one has to give food to the poor or your helpers, take out before the party, not afterwards.”

“Je bhikari nu kutch nahin dena kadi v dutkaro na, hath jodh ditta karo...kee pata kaun kide bhesch vich aa jave?” – Guruji
“If beggars are not to be given anything, just fold your hands towards them, you never know who might come when in disguise. Never shoo away or speak harshly.”

“Ghar vich murat na rakho.” – Guruji
“Keep no statues in your house, (of animals, birds, humans) go immerse them or throw them away if you cannot find water. Decorate your houses with flowers instead or photo pictures of flowers.”

Guruji went to a tailor to get pants tailored. When asked about pockets He answered, “What use are they to me?” **“Saanu bojyan di ki lod?”** – Guruji

He said earlier, he used to wear pants, then decided to wear a chola (dhoti kurta). **“Oye koi guru manda hi nahi si”**

“Kadi kisi di ninda nahi karni chahiye. O ghar bethe twadi positive kamai le janda hai te apni negative kamai twadhi jholi vich paa dendahai.” – Guruji
“Do not talk ill of anyone, for if you do, your share of blessings will be transferred to them sitting at home and their negativity will come in your share.”

“Jad koi apna dukhda tere samney rove unu kavo, 'Guruji de kol javo, o theek kareng.' Suni naa, o twadi positivity le jange te apni negetivity chad jange.” – Guruji
“Never listen to another's woes but direct them to me.”

“Je tu feel kardi hai ki koi tere bare vich ki kehnda hai ta tu te ude control ich ho gai, apne control ich hona sikh.” – Guruji

“Do not be affected by what anyone says about you for you should be in your own control not theirs.”

“Gupt paath aur gupt daan kitta karo. Naal bethe nu na pata chale ki tusi paath kar rahe ho.” – Guruji

“Prayer should be done silently, without the person sitting to your left and right knowing; donation should be kept secret without one hand knowing what the other has given.”

“Ghar vich cactus aur bonsai (stunted growth plant) nahi Rakhna.” – Guruji

“O sewa jidde picche mang hai, O asal sewa nahin. Asal sewa nis swarth hondi hai.” – Guruji

“Sewa, behind which there is ulterior motive is not real sewa. Real sewa is unselfish, without demands.”

“Jo kam tusi karde ho, ude karan nal kissi hor da v bhala ho jave ta ki pharak painda hai.” – Guruji

“In your daily life, if the work that you do benefits others, what difference does it make?”

Guruji's orders were that he was never to be printed about in the media. ***“Jo pravachan karde ne, bolde ne, o asal nahin...asal guru hamesha apne aap nu lukaayega.”*** – Guruji

“A real guru will always try to hide himself. Those who proclaim themselves are not authentic (real).”

We sat till 2 am. Gurdas Maan's tape was on, “raton ko uth uth kar....”, it was so apt. He prayed and did tapp so that we could sleep peacefully. Guruji never slept. He continuously did paath.

“Do jane nal bethe hovange; fragrance ek nu ayegi dooje nu nahin kyonki aye mere utte hai kinoo deni hai.” – Guruji

The fragrance from his body enhanced according to his will. It is prashad as he explained. One could get it in the mandir or at home.

Guruji once said ***“Ki khavo ge? Tomatoes vich v spray hai.”*** on food contamination.

“Gurbani de tape sunde ho?” – Guruji

I answered, “Haanji Guruji, kadi kadi.”

“Samajh ande ne?” – Guruji

I replied, “ji, thode thode.”

“Sunya karo, chhange honde ne.” He said.

“Jad main tuwanu dance karanah wa, thuwaddi body da poora X-ray khitch janda hai hor jithe kharabi hondi hai, main theek karna vaan.” – Guruji

“When I make you dance, the whole body's X-ray is etched out in front of me, I can see the malfunctioning and cure it.”

Guruji asked sangat to read ‘Shiv Puran’ the Holy book.

“Botta paisa changa nahin honda. Sai itna deejiye ja main kutumb samai.” – Guruji

“Too much money is not good. One should have just enough for the family.”

“Guru agge apne karam bakshwa lene chahide ne. O karam jo tuwanu nahin pata ki tusi galat kare ne o v.” – Guruji “One should ask for forgiveness in front of a guru even of those sins which you do not know you have committed.”

“Guru vaste aina pyar hona chahida ki sutte, jagte, lipstick lagande vele v guru chete hove.” – Guruji “Your love for your Guru should be such that you remember him every waking, sleeping moment, even when putting on lipstick.”

“Moksha milda hai?” I asked.

“Jeh chhange karam karo tah. Do good for humanity.”

“I am a rasik bairagi, who takes you towards prayer but does not take you away from your family duties.” – Guruji

“Mein srishti ke pher mein kabhi hastakshape nahin karda...lekin jidde utte guruan di mauj aa jave, lekh mitakar nava lekh likh saknawan.” – Guruji

“I normally do not interfere in the wheel of life and karma but if I decide to do so, I can rewrite your destiny.”

“Guruan di gal, patthar di lakeer.” – Guruji

“A Guru's words are the ultimate. Whatever I say will happen.”

“Negative gane nahi sunne chahide...har negative serial, picture nahi vekhni.” – Guruji

“Skip hearing sad and depressing songs. Avoid watching negative films.”

“Manglik, phazul de vaham ne.” – Guruji

“There is no such thing as a person being manglik.”

“Non veg nahi khaoge te changge rahoge.” – Guruji

“You would be better off being a vegetarian.”

“Ghar da langar sabton changa honda hai.” – Guruji

“Your house langar is best, avoid eating out too much.”

“Aatm Hatya karna bahut vadda paap honda hai.” – Guruji

“It is a magnanimous sin to commit suicide.”

When asked about another pious place, Guruji answered, ***“Ajmer Sherif.”*** Ajmer Sherif is authentic, pious.

When asked about a female Guru, Guruji answered, ***“Aurat Kadi Guru nahiho sakdi.”***

“Jad tusi diamond pande ho, changi quality leni chahidi hai kyonki uda twade utte asar honda hai.” – Guruji

“When deciding to wear diamonds, choose good quality as it has an effect on the wearer.”

“Main kisi political party nu belong nahi karda.” – Guruji

“I do not belong to any political party.”

“Chadaye huae phul nahi lene. Ghar jande vakt nadi vich baha dena.” – Guruji

“Guruji had ordered us not to take home flowers given by someone else to him. We got a duty to immerse them in any river on the way back home from Punjab to Delhi.”

“Salwar kameez sabto changi dress hondi hai.” – Guruji

“Salwar kameez is the most appropriate dress for women, better than a saree.”

“Phave sab de kol pura ghar hai par rehna ek bedroom vich hai. Rehen vaste ghar da ek kamra kam anda hai.” – Guruji

“One has a house but actually uses a bedroom to live in.”

Regarding the copper vessel for the patient who cannot reach the Bade Mandir.

“Je meri photo nal tambe da lota chura deyo ta o bless ho gaya. Kadi v detergent de nal nahi dhona. Ratti nimbu ya rakh de nal dho ke bhar kerakho, swere pahla pe lo”, Guruji said. *“Touch my photo to a copper vessel and it is blessed. Never use detergent to clean it. Only use lemon or ash. Fill it up at night after cleaning and drink first thing in the morning.”*

“Ay kalyug hai, aide vich rab jaldi mil janda ve. Putha nahin latakna painda.” – Guruji

“Today in Kalyug, God is easily achievable, you do not have to hang upside down from trees and do penance, just pray and thank Him.”

A sweet fragrance emitted from his being. He told me it was years of penance.... a Heaven within called “Sachkhand”.

There was nothing as new or old sangat in His presence. He would tell us not to count the years of our association with Him, as He said only He knew how many births we were associated with Him for. He could see the past, present and the future. Nothing was hidden from Him. He could tell what one had eaten for any meal just to show that He knew it all.

“Mere naal direct connection jodo.” – Guruji

“Have a direct connection with me. I first bless those who guide you to me, after that the journey is yours.”

“Gulab vich v kanda honda hai.” – Guruji

“If something good has something negative attached to it, take it in your stride, accept, as nothing is perfect.”

“Samay kissi ka intezaar nahi karta.” – Guruji

“Time waits for nobody.”

“Paath kidre v kar sakde ho, ghar de kisi v kamre vich rab nu yaad kar sakde ho, toilet vich v.” – Guruji.

“You can pray and remember God anywhere, and in any room of your house, even in the toilet.”

“Samay nu hamesha vadha ke dasde ne. Pone 9 na kavo, 8 .45 (ath pantali) kavo.” – Guruji

“Time should always be increased, not decreased and told. Don’t say a quarter to 9, say eight forty five (8.45) instead.”

“Loki enna faltu kharcha karde ne vyah utte. Vyah simple hone chahide ne. Asal ceremony kinni jaldi ho jandi hai.” – Guruji

“People spend extravagantly on weddings, it should be kept simple. The actual ceremony doesn't take much time.”

Walking down a lane with Guruji one day I requested him to walk on pavement but he continued walking on the road. He increased his speed when we approached a T point, a motor cyclist came with great speed on the main road, his bike somersaulted and whirled in the air quite high and went crashing on the road with great ferocity. I screamed, “Wahe Guru!” Guruji turned left on the main road and continued walking saying, ***“Bach gaya hai. Udi maa di duavan ne unu bacha litti hai.”*** He is saved due to his mother's earlier prayers.

A Guru never takes back His blessings. His ways are gracious and wondrous. We are not to equate His blessings with monetary gain or loss.

Jai Guruji Maharaj

Sabina Kochhar

***Om Namah Shivaya, Shivji Sadaa Sahay,
Om Namah Shivaya, Guruji Sadaa Sahay.***

